

GOTTA HORSE?

GETTA HELMET!

ALWAYS THIS

TO

PROTECT THIS

REDUCE THE RISK
OF CONCUSSION



Buy it

- get properly fitted by an expert
- replace after a fall or drop on a hard surface
- look for safety ratings (ASTM, SEI)

Wear it

- always when riding
- recommended when:
 - › loading a trailer
 - › lunging and ground handling
 - › handling young, green or spooky horses

Wearing a properly fitted helmet may reduce the severity of a concussion



Have more questions? Contact: horses@uoguelph.ca

